



On Our Patch

Patcham Junior Newsletter

May 2021

Headteacher:
Alister Sutherland

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Forthcoming Events:

- * 28 May INSET Day
- * 31 May to 4 June—Half Term
- * 8 June PGL Meeting 3.40pm Y3 Parents
- * 14 June—Y6 Height & Weight Check
- * 14 June—Refugee Week & Walk to school week



I had a feeling the rest of May would fly by, and sure enough it has.

Plenty has been made of the cool and wet weather so far, so I am thrilled to be writing this newsletter whilst the sun is shining and the forecast for the Bank Holiday weekend looks pretty much perfect—hooray!

It's only been a few weeks since we last spoke but it's been as busy and as exciting in school as normal.

Year 3s were visited by a Roman Centurion, which was one of the first in-school visitors for many months. The children (and adult's) costumes were superb and really brought the visit to life.

We have also been busy making plans for the next academic year this month and I was fortunate enough this week to interview a number of candidates for two teacher vacancies we have for September.

The children across the school were truly magnificent when the eight hopeful interviewees taught in their classes. Closely observed by Mr Stock and I, were

immensely proud of the attitude towards the learning and the work they produced for the candidates. As a result we will be welcoming our two new teachers to PJS after the summer.

We hope that you can make the most of the good weather and enjoy the half term break, still following all of the national guidance on what you can do to keep fit and healthy.

Have a wonderful week and see you all on Monday 7th June for the final half term of the year.

Staffing News

As I've mentioned above, we will be welcoming two new teachers to PJS this coming September and one of the vacancies is because we will be saying a very sad goodbye to Miss Fripp at the end of July.

Miss Fripp has been an outstanding member of the teaching team in Year 6 for the last four years and amongst her many wonderful contributions to the whole school, she was a fundamental reason why our remote learning offer was so good this year. Miss Fripp is going to be very hard to replace, but we will make the most of the time we have left with her before she moves to a very lucky new school in Hampshire.

Roman Day in Year 3

Thank you to everyone for the excellent costumes displayed on Roman Day. We had a great day all dressed up! The children thoroughly enjoyed the very funny but factual historian who came to deliver a workshop. We got to see a real sword, armour and a shield. We learnt all about the Romans and how they were so successful in their invasion of Britain and did lots of role play. We also did some Celtic pattern designs - which are very tricky!

Year 3 Team





New Community Resources Page on our Website

At Patcham Junior School, as well as working hard to support educational needs, we also work hard to support the emotional wellbeing of our pupils both in school and at home. We have compiled a page of useful resources, including free school meals, local food banks, COVID information and wellbeing services on our website. Please check it out at www.patchamjun.org.uk

If you have any concerns or queries, please don't hesitate to contact us on 01273 087513 or email office@patchamjun.brighton-hove.sch.uk

Easy Fundraising

Dear Parents and Carers,

Just letting you know that Friends of Patcham Junior School are now registered with easyfundraising, which means you can raise FREE donations for us every time you shop online. Over 4,000 shops will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself!

These donations really mount up and make a BIG difference to us, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely FREE and only takes a moment.

You can find our easyfundraising page at https://www.easyfundraising.org.uk/causes/friendsofpatchamjs/?utm_campaign=raise-more&utm_content=gs-e1

Thank you so much!

Friends of Patcham Junior School



Reading Recommendation...

Reading recommendation by Miss Madeley: The Goody by Lauren Child



I picked this book up in my local library a few weeks ago supposedly for my children (actually for me). Picture books, often seen as the domain of the under 5's, are, in my opinion, for everyone. Pictures are one of the very first ways we learn to read and their potential to enhance the enjoyment and understanding of a text is endless and ageless. Lauren Child, creator of the wonderful Clarice Bean, Ruby Redfort and of course Charlie and Lola, published this stand-alone picture book, *The Goody*, last year.

The story is about two siblings. Chirton Krauss is a goody. He always does things he doesn't really want to do, like eating his broccoli and cleaning out the rabbit hutch for the 27th time in a row. Mrytle, his sister, is not. She never eats her broccoli and she stays up late eating choco puffs because she will not go to bed. Chirton is good and Mrytle is not good and that is how everyone expects them to be. Until one day, Chirton begins to wonder- what is so good about being the goody? The story explores the labels we give people and the expectations we place upon them. It is about how we behave to meet those expectations and who we all are under those labels. But what happens when we break out of the roles that have been given to us? The book raises questions of fairness and kindness and challenges us to think about the kind of person we would like to be.



Dear parents and Carers,

I hope you are enjoying the monthly reading recommendations from Patcham staff?! We would also love to hear from you if you have a fabulous book or series to recommend. Please do email me (Mrs Coburn) via the office if you have any reading recommendations to feature in our newsletters.

Please also have a look with your children at this lovely boy passionately speaking about reading in his TED talk: <https://www.youtube.com/watch?v=rW2r5uStqG0>
Mrs Coburn

BIKE IT BRIGHTON



SUNDAY 11 JULY 2021
PRESTON PARK VELODROME

A family-friendly ride at the Velodrome
or a 30 or 60 mile cycling challenge across the
South Downs

Food, fun, entertainment & more!

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BODY IMAGE

Body Image is our idea of how our body looks and how we think it is perceived by others.

It is our thoughts and feelings about our height, weight, shape, skin, overall appearance and attractiveness that make up our perceived value. Body Image can be positive or negative, and is influenced by factors such as; culture, society & media, environment (eg friends/parents), our broader self-esteem and resilience.

WHY PROMOTE A POSITIVE BODY IMAGE IN YOUR CHILD?

Optimise mental health



- Children with poor body image are more vulnerable to developing mental health issues.
- Body dissatisfaction has been found to correlate with depressive symptoms and anxiety.

Avoid disordered eating



- Poor body image can lead to disordered eating or diagnosable eating disorders as such as Bulimia, Anorexia or Binge Eating Disorder.

Improve school performance



- Children with a negative self body image are less likely to put hand up their hand in class and draw attention to themselves. Over time this can have a huge effect on their performance.

FACTS & FIGURES

5 yrs the average age girls start worrying about how they look.

25% of girls aged 7 have tried to lose weight.

33% of boys aged 8-12 are dieting to lose weight.

47% of 6-10 year olds show signs of negative body image.

WARNING SIGNS TO LOOK FOR:

- ⚠ Children worried about how they look
- ⚠ Wanting to cover up all the time
- ⚠ Negative comments about themselves or others
- ⚠ Not wanting to take part in sports or PE
- ⚠ A change in eating habits

WORRIED? HERE'S HOW TO SUPPORT YOUR CHILD

- **Find the root cause** - Is it school, media?
- **Empower positive self-interaction** - How they speak/feel about themselves
- **Focus on their unique greatness** - Encourage them to focus on the characteristics/qualities they have, such as a skill they're great at for example.
- **Set a plan** - Set tasks/goals that encourage a positive body image
- **Educate your family** - create realistic ideals
- **Create a positive environment** - one that promotes positive body image.

Walk to School Week w/c 14th June and Clean Air Day 17th June



Let's protect our children's health from air pollution this #CleanAirDay

Give the car a day off.



CleanAirDay

We have a once in a lifetime chance for change.
Let's use it.

#CleanAirDay
cleanairday.org.uk

Clean Air Day is coming up on 17 June with the theme “protect our children’s health from air pollution”. The annual campaign is a moment when thousands of people up and down the country come together to collaboratively voice support, hold events, make pledges and take action on toxic air.

Children are more vulnerable to the effects of air pollution; it not only impacts their health but also their ability to learn. The damage can start in the womb and carry on through to old age. As we return to our lives, we must take this opportunity to create a clean air environment where they can learn and play safely.

We’re supporting the campaign by encouraging children to walk to school during that week and beyond if at all possible.



IMPORTANT POSITIVE COVID TEST

RESULT REPORTING

Track and trace over the Half Term break at Patcham Junior School

The following advice has been sent to schools by the Department of Education to share with parents and staff about reporting positive test results over the Half Term break. Please read it all carefully.

Where a pupil or staff member tests positive for coronavirus (COVID-19), **having developed symptoms more than 48 hours since being in school, the school should not be contacted.** Parents and carers should follow contact tracing instructions provided by NHS Test and Trace.

So, if your child is symptomatic from Sunday 30th May and then tests positive, you DO NOT need to notify the school until we return for the second half of the Summer term.

For the first 6 days after teaching ends, if a pupil or staff member tests positive for coronavirus (COVID-19), having developed symptoms **within 48 hours of being in school**, the school is asked to assist in identifying close contacts and advising self-isolation, as the individual may have been infectious whilst in school.

This means that if a pupil is symptomatic on or before Saturday the 29th May you must request a PCR test and if that comes back positive on or before Wednesday, 2nd June, please inform the school to ensure contact tracing is in line with the DFE requirements.

Please notify the school by email via this address only:

Covid@patchamjun.brighton-hove.sch.uk



Learner success story: My experience as a Level 3 Teaching Assistant student in Adult Education

MY NAME IS KELLY.....

I enrolled on the Level 2 Supporting Teaching & Learning in Schools (STL) in 2019. I had been a stay-at-home mum for the previous nine years. When my youngest child started school, I wanted to return to work but had no idea what I was good at. I saw an advert for the STL course and thought it looked interesting; I was used to taking care of children so thought it would be something I would enjoy. I asked my children's school if I could do my placement there and they readily agreed. The course was more than I expected it to be. I learnt so much, not just from my tutor but also from the other students and the teaching assistants I worked with in school. As the weeks went on, I knew I had made the right decision in choosing this career path. I went on to study Level 3 STL and the course really helped me prepare for working as a teaching assistant (TA). Studying whilst in lockdown was very strange at first but my amazing tutor really took the stress out of it and I learnt new computer skills. One of the great things I really got from both courses was meeting people from different cultures and learning about each other; I now get to call them my very dear friends. I have made lifelong friends whilst studying at Varndean.

I have been working as a TA since finishing my Level 3 course and I absolutely love working with the children and feel honoured that I get to support them in every aspect of their school life and well-being. Completing both courses at Varndean gave me the confidence to study a degree with the Open University in Childhood and Youth Studies. Varndean offers many courses in childcare and I am sure I will study with them again to enhance my knowledge and increase my chances of career progression.

**FIND OUT MORE ABOUT OUR CHILDCARE AND TEACHING ASSISTANT
COURSES 01273 546602 / COMMED@VARNDEAN.AC.UK
[HTTPS://VARNDEAN.AC.UK/COURSES#ADULT](https://varndean.ac.uk/courses#adult)**